

ESE Test results: Any Course

Q. No. November 2016, Level 6, N = 40

1 I believe I can achieve my career ambition 17 I am sure that I have what it takes to succeed in my chosen career 33 I believe I can learn what I need to in order to succeed	Self Efficacy	7.7	CONFIDENCE
2 I can usually find my own way round problems 18 When I have a setback in my job search I usually recover from it quite quickly 34 I know people who can help me bounce back when things go wrong	Resilience	7.2	
3 I am optimistic regarding my job search 19 Regarding my future career I'm sure things will work out well 35 I can usually find the bright side when things go wrong	Positivity	7.3	
4 I generally set goals for myself 20 I know what I'm aiming for in life 36 I give myself a reward when I achieve one of my goals	Goal Setting	7.4	
5 I have quite a few connections who could help me with my career 21 I know how to network to people who can help me with my career 37 I know someone who works in my chosen industry	Professional Networks	5.0	CONNECTIONS
6 I have a wide network of friends and acquaintances 22 I belong to a range of clubs and societies 38 I know a wide range of people	Peer Networks	5.8	
7 I'm very aware of the skills I can bring to an employer 23 I can explain the value of my experience to a potential employer 39 I could describe the work related skills I have gained during my course	Self Awareness	7.1	
8 I know where to find out information about jobs that interest me 24 I know what kind of careers are open to me 40 I know where to find advertised jobs that meet my needs	Opportunity Awareness	6.5	CAPABILITIES
9 I know what I want to do when I finish my degree 25 I have decided on a list of employers that I want to approach speculatively 41 It is easy for me to choose a career I would like to follow	Career Decision Making	5.5	
10 I carefully select and target the employers and roles I apply for 26 I write excellent CVs cover letters and applications 42 I perform well at interviews and assessment centres	CVs and applications	6.3	
11 I know how to use email in a professional way 27 I would be happy for an employer to google me 43 I know how to use LinkedIn for professional purposes	Career Digital Literacy	6.7	
12 I know how my chosen industry operates 28 I really understand the industry that interests me most 44 I have the knowledge to talk about my chosen industry at interview	Industry Knowledge	6.2	
13 I have some general experience of the workplace 29 I have some work experience in my chosen area of work 45 I have interacted with potential employers during my time of study	Industry Experience	5.3	
14 I can explain how my skills fit my chosen career path 30 I have the skills I need for my chosen industry 46 I am clear about the kinds of skills my ideal employer is looking for	Industry Skills	6.7	
15 I am confident when giving presentations 31 I enjoy working with a wide variety of people 47 I can communicate in a business-like way	Interpersonal Skills (communication)	7.2	
16 I can always think up a new way of doing things 32 I am good at solving problems 48 I am good at coming up with new ideas	Personal skills (creativity)	7.0	
AVERAGE		6.6	