

NAVIGATING TRANSITIONS

Students experience a variety of transitions during their journey through higher education. The Enhancement Themes website is full of resources aimed at helping students develop skills that will help them make these transitions more smoothly.



QAA
Scotland

As part of the Student Transitions Enhancement Theme, we commissioned two projects to examine transition skills and strategies, resulting in over 40 resources.

These cover six essential transition skills:

- ▶ self-belief
- ▶ self-reflection
- ▶ resilience
- ▶ critical thinking
- ▶ independent learning
- ▶ management of expectations

The resources have been grouped into six packages for different audiences and purposes:

Students

Students'
associations

Teaching staff

Student
support staff

Induction

Curriculum
development

To learn more, and to download the resources for free, please visit our website:
www.enhancementthemes.ac.uk/transition-skills-and-strategies